



Service Overview

# Connections 4 Women

Autism Queensland (AQ) is facilitating **FREE** social connection groups for anyone who identifies as an autistic or otherwise neurodivergent woman (18+) and lives in Queensland.

These groups provide an inclusive space for women to connect, collaborate, and belong through participant-led discussions and co-created resources. Facilitator lived experience and co-design ensures groups remain aligned with community and participant needs.

## Co-designed and facilitated by autistic women

- **A supportive space:** Connect in a safe environment where you truly belong.
- **Build friendships and community:** Meet other women who understand and share your experiences.
- **Facilitated by autistic women:** A place where your voice is heard and valued.



Brisbane, Toowoomba and Central Queensland.



Online groups also available.



**Small groups** (max. 8) enabling stronger connections.



Groups run for **up to two hours**.



Scan QR code to register your interest.

Autism Queensland is here to help—get in touch to learn more:



**Email:** [communityinclusion@autismqld.com.au](mailto:communityinclusion@autismqld.com.au)  
**Phone:** (07) 3273 0000  
**Website:** [autismqld.com.au](http://autismqld.com.au)

Funded by the Australian Government Department of Social Services. Visit [www.dss.gov.au](http://www.dss.gov.au) for more info.