



# Psychology Support

Emotional wellbeing, behaviour, and coping strategies may be examined, using activities and observations to understand strengths and challenges. Together, we will develop goals and plans to support mental health and build resilience.

**An Autism Queensland therapist can support:**

Behaviour



Goal Planning



Child Development



Fears/Concerns



Executive Functions



Relationships & Attachment



Emotional Regulation



Learning



**Statewide Delivery:** Available face-to-face at AQ centres across Queensland (centre services may vary), within the community (travel fees may apply), or statewide via Telepractice. Waitlists may apply.



Scan QR code to view other resources, services and supports offered by Autism Queensland.

**Autism Queensland is here to help—get in touch to learn more:**



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